



Gamma Iota Chapter



## Gamma Iota Chapter (STTI) Spring 2023 Nursing Research Symposium: *Research Supporting Health & Safety in the Nursing Workforce*

Thursday, April 20, 2023, 2-4pm

UNC Charlotte's Popp Martin Student Union Room 340

### Agenda

1:30- 2:00 pm	Registration & Poster Check-In
2:00 – 2:05 pm	Welcome- Dr. Laura Magennis
	Introductions- Dr. David Langford, Interim Director, UNCC School of Nursing
2:05 – 3:00 pm	<b><i>Healthy Nurses are Pivotal to Quality Care: Research Supporting Health &amp; Safety in the Nursing Workforce</i></b>
	Dr. Susan Letvak, PhD, RN, FAAN
3:00 – 3:50 pm	<b><i>Poster Presentation Session</i></b>
3:50 – 4:00 pm	Poster Awards & Closing Remarks
	Dr. Patricia Crane & Dr. Laura Magennis
4:00 pm	Adjourn

### About Sigma Theta Tau International Nursing Honor Society & the Gamma Iota Chapter

Sigma Theta Tau International, the Honor Society of Nursing, was founded in 1922 at Indiana University by six nursing students seeking an organization to represent excellence in nursing. It is currently the second largest nursing organization in the world with over 406 chapters and members in 90 countries. Chapters are located in nine countries at over 500 colleges and universities. The nursing society's web site is [www.nursingsociety.org](http://www.nursingsociety.org). The Gamma Iota Chapter at the University of North Carolina at Charlotte was chartered in 1978 as a chapter of Sigma Theta Tau International. Society activities include education and initiatives, publications, an online library, and several professional development opportunities.

### ***Disclosures***

This nursing continuing professional development activity was approved for 1.75 nursing continuing professional development contact hours.

#### **Criteria for successful completion:**

Participants should stay for at least 90% of the activity and complete an evaluation survey.

#### **Learning Outcome:**

Participants will be able to describe at least one trend in current nursing research that will positively impact patient outcomes or the health and safety of nurses.

*UNC Charlotte School of Nursing is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

No one with the ability to control the content of this activity has a relevant financial relationship with an ineligible company.



### About the Speaker

Susan Letvak, PhD, FAAN, RN, is the Eloise R. Lewis excellence professor at the UNC Greensboro School of Nursing. Dr. Letvak has over twenty years of experience conducting research on the health and safety of the nursing workforce, including quality and safety of patient care. As a veteran of the US Navy Reserves, Dr. Letvak serves on the expert panel for military and veterans' health for the American Academy of Nursing. She is also a member of the American Holistic Nurses Association and serves as an associate editor of the Journal of Holistic Nursing.

### Poster Presentations

School of Nursing students, area clinicians, and university faculty were invited to present their findings from their research, evidence-based practice projects or quality improvement studies. These projects represent numerous hours of work and dedication to furthering the body of nursing research. All symposium participants are encouraged to visit each poster presentation beginning at 3pm. Additional posters presentations will be available online.



**Poster Presentations**

***Sleep Duration and Childhood Obesity Risk***

**Presenter:** Jessica Edwards, UNC Charlotte School of Nursing

**Collaborators:** Elizabeth Miranda, Michelle Porter, and Cecily Thompson

**Faculty:** Dr. Florence Okoro

***Nurses' Experiences in a Blended Learning Course for Nurse Preceptor Development***

**Presenter:** Katrina Green, UNC Charlotte Cato College of Education

**Faculty:** Dr. Ayesha Sadaf, Dr. Florence Martin, Dr. Jae Hoon Lim, Dr. Meredith Troutman-Jordan

***The Effect of a Leadership Development Program on Healthcare Leaders***

**Presenter:** Felicia Hipp, UNC Charlotte Cato College of Education

**Faculty:** Dr. David Langford, Dr. Kathleen Jordan

***Stress, Fatigue and Medication Adherence by Race Post Myocardial Infarction***

**Presenter:** Dr. Carolyn Horne, UNC Charlotte School of Nursing

**Collaborators:** Dr. Willie Abel, Dr. Patricia Crane

***Infant Sleep Safety Education***

**Presenter:** Kyrstin Jackson, UNC Charlotte School of Nursing

**Faculty:** Dr. Florence Okoro, Prof. Rebekah Overcash



Poster Presentations

***Practicing Student Nurse***

**Presenter:** Luke Kucko, UNC Charlotte School of Nursing

**Faculty:** Dr. James Montegrigo, Dr. Kelly Powers

***Nursing Students Battle against Mental Health***

**Presenter:** Kiara Mattern, UNC Charlotte School of Nursing

**Faculty:** Dr. Meredith Troutman Jordan, Dr. James Montegrigo, Prof. Dee Langford, Dr. Susan Lynch

***Internationally Educated Nurses NCLEX-RN Preparatory Experiences: Facilitators, Barriers, and Recommendations***

**Presenter:** Dr. James Montegrigo, UNC Charlotte School of Nursing

***Transition to Practice Readiness of New Nurses who Graduated During the COVID-19 Pandemic: A Statewide Study***

**Presenter:** Dr. James Montegrigo

**Collaborators:** Dr. Kelly Powers, Dr. Kimberly Pate, Dr. Julie Pagel

***Utilizing Nursing Psychoeducational Groups to Increase Patient Engagement***

**Presenter:** Christy Morley, UNC Charlotte School of Nursing

**Faculty:** Dr. Meredith Troutman-Jordan



Poster Presentations

*The following are virtual presentations available at:*  
<https://professional.charlotte.edu/researchsymposium>

***The Influence of Different Organizational Factors on Certified Nursing Assistant Job Satisfaction***

**Presenter:** Bailey Nelson, UNC Charlotte School of Nursing

**Faculty:** Dr. Susan Lynch

***Improving Surgical Patient Outcomes Through the Utilization of Forced-air Warming Devices to Regulate Core Body Temperature***

**Presenter:** Caroline Klimowski, UNC Charlotte School of Nursing

**Collaborators:** Tuesday Berning; Emily Stanfield; Sean Brannan

**Faculty:** Dr. Florence Okoro

***The Benefits of Early Treatment and Prevention of Childhood Obesity in Offspring Whose Mothers Were Diagnosed with Gestational Diabetes: An Integrative Review***

**Presenter:** Sara Berky, UNC Charlotte School of Nursing

**Collaborators:** Michaela Hadad, Dana Kuprane, Thais McCoy, and Sally Warren

**Faculty:** Dr. Florence Okoro